

**Student Epinephrine Auto Injector Management Skills
Competency Assessment Form**

Student _____ Age _____ School _____

The Student understands and is able to:

1. Always carries auto-injector on person.
2. Understands responsibility of carrying medication and need for safety for self and others.
3. Auto injector is appropriate for age and weight; expiration date is reviewed periodically and auto-injector kept current.
4. Keeps auto-injector within temperature recommendations (60 – 86 degrees Fahrenheit).
5. Is aware of symptoms of allergic reaction.
- † 6. Inform adult of symptoms of allergic reaction and need for auto-injector (would never go to the nurse's office alone) and have adult call 911.
7. Remove the safety cap.
8. Select the appropriate injection site:
 - Lateral portion of the thigh
 - Midway between the waist and the knee
10. Place the tip firmly at a right angle to the selected injection site.
11. Press hard into the thigh until the auto-injector function (snaps), hold in place for 3 seconds.
12. Remove pen and massage several seconds.

School Nurse Signature _____ Date _____